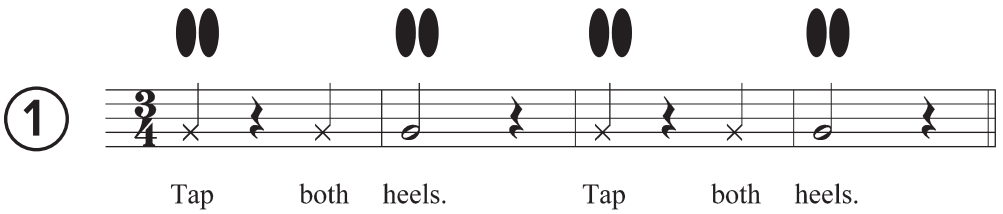
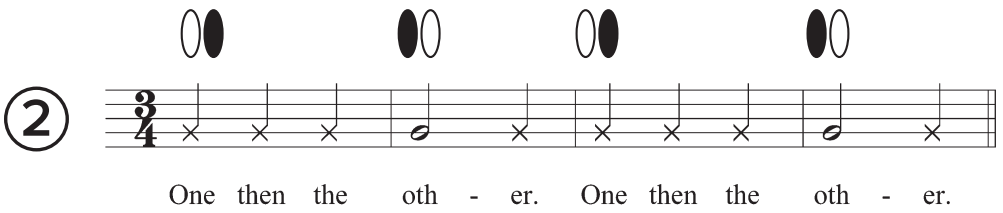
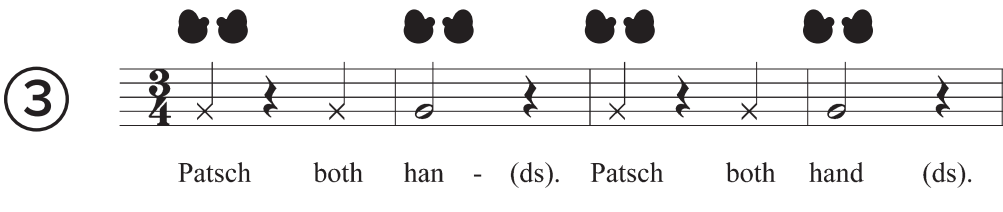


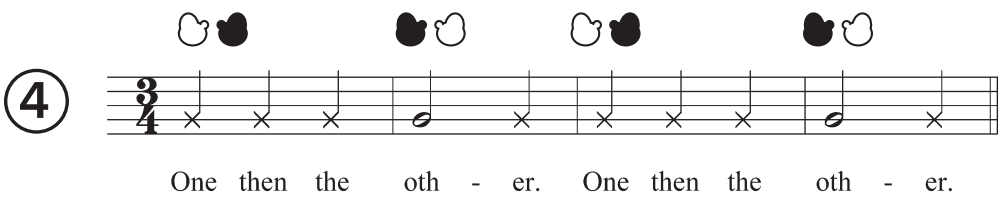
Part I. Mind and Body Warm-Up

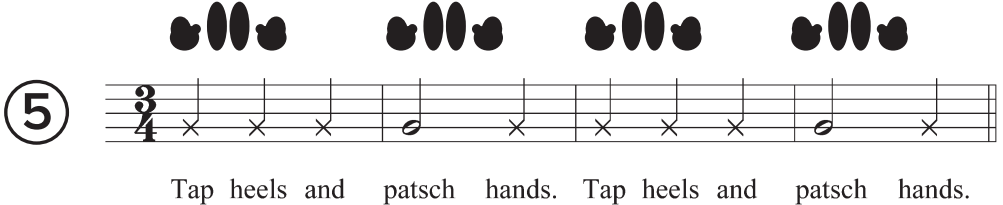
Ej, Lásko, Lásko

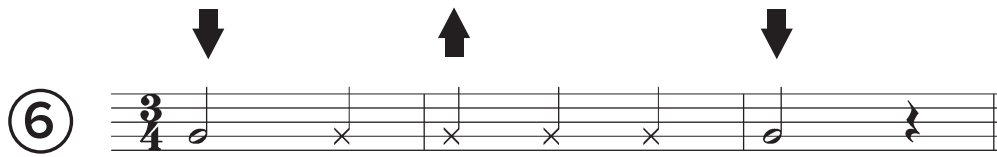
①  Tap both heels. Tap both heels.

②  One then the oth - er. One then the oth - er.


③  Patsch both han - (ds). Patsch both hand (ds).

④  One then the oth - er. One then the oth - er.


⑤  Tap heels and patsch hands. Tap heels and patsch hands.

⑥ 

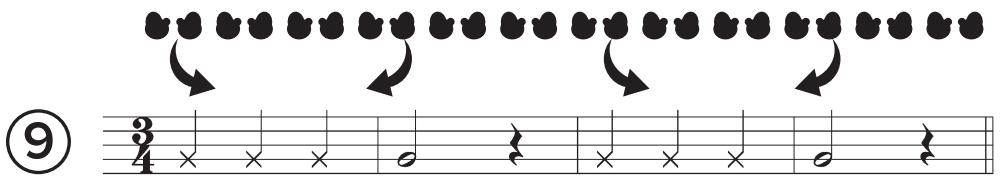
Swing arms for - ward and bac - (k).

⑦ 


Sway side to si - (de). Sway side to si - (de).

⑧ 

Stan - ding u (p), shift weight heel to heel.

⑨ 

Shift as we pat - (sch), three in our han - (ds).

⑩ 

Sit back down, patsch three, tap one.

11



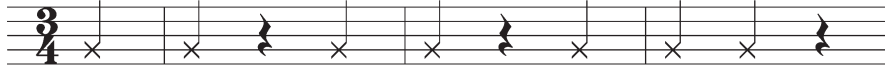
The bo - dy sup - ports the breath.

12



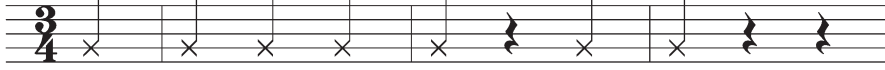
The breath sup - ports the tone.

13



The tone sup - ports the dic - tion.

14



The dic - tion sup - ports the text.

Part II. Literature Learning Schema

Ej, Lásko, Lásko

Literature Learning Schema - Phrase 1

15

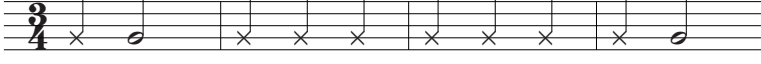


DU DA DI DU DU DA DI DU

16



DU DA DI DU DA DU DA DU DA DI

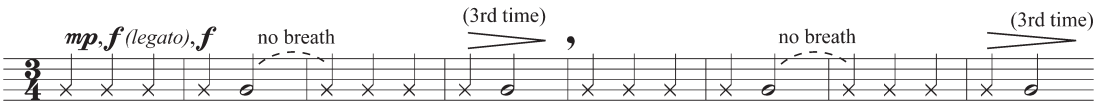


DU DA DU DA DI DU DA DI DU DA



DU DA DI DU DA DI DU DA DU DI

17

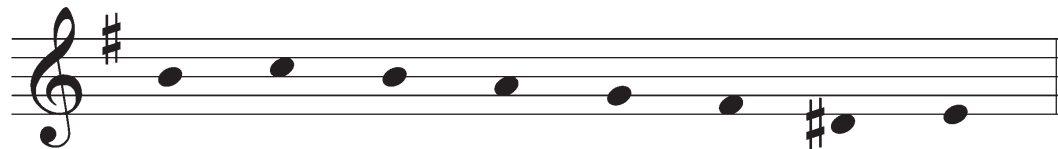


mp, f (legato), f no breath (3rd time) , no breath (3rd time)

DU DA DI DU DA DU DA DI DU DA DU DA DI DU DA DU DA DI DU DA



18



M F M R D T Si L

19

20

21

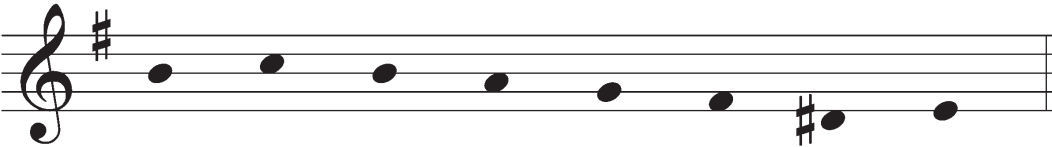
Literature Learning Schema - Phrase 2

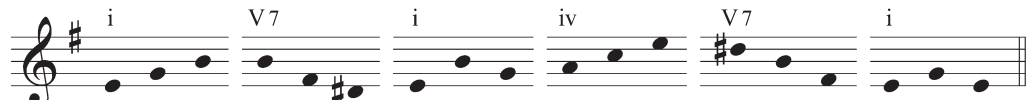
22 
DU DA DI DU DU DA DI DU


23 
DUDA DI DUDA DUDA DUDADI DU DA DUDA DI DUDA DI DU DA DUDA DI DUDA DI DU DA DU DI

24 
mf DU DA DU DA DI DU DA DI DU DA DU DA DU DA DI DU DA DI DU DA



25 
M F M R D T Si L

26 
L D M M T Si L M D R F L Si M T L D L

27 
T M L M R M D T L M F M S Si L



e: Bum Bum Bum Au - di - ate
Rea - dy sing

28 
T M L M M R M D T L T M L M M R M D T L L M M M F M S Si L

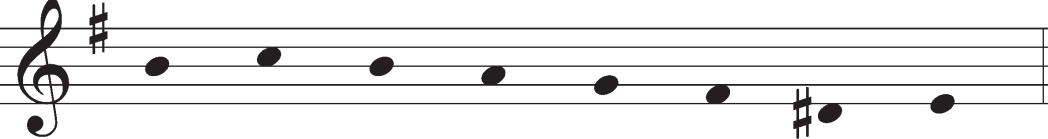
Literature Learning Schema - Phrase 3


29 
DU DA DI DU DU DA DI DU


30 
DUDADI DUDA DUDA DUDADI DU DA DUDA DI DUDA DI DU DA DUDADI DUDA DI DU DA DU DI

31 
mf DU TA DA TA DI TA DU DE TA DA TA DI TA DU DE TA DA TA DI TA TA DA

DU TA DA TA DI TA DU DE TA DA TA DI TA DU DE TA DA TA DI TA TA DA



32 
M F M R D T Si L

33 
L D M M T Si L M D R F L Si M T L D L

34 
T M L M R M D T L M F M S Si L


e: Bum Bum Bum Au - di - ate
Rea - dy sing



35 
mf L M L T D T R DTL T D L Si LTD T L M Si L

L M L T D T R DTL T D L Si LTD T L M Si L

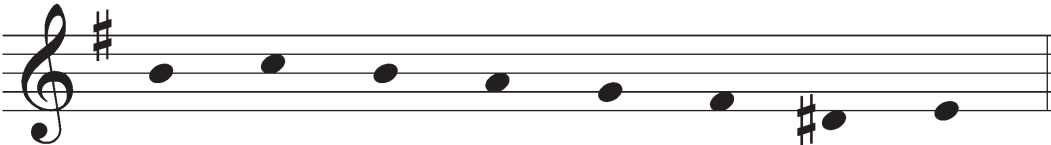
Literature Learning Schema - Phrase 4

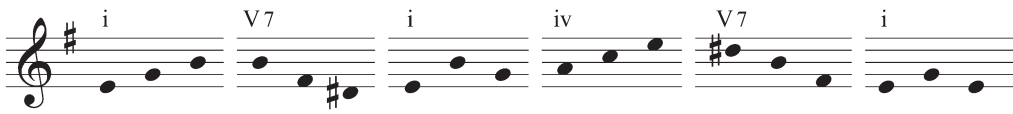
36 
DU DA DI DU DU DA DI DU

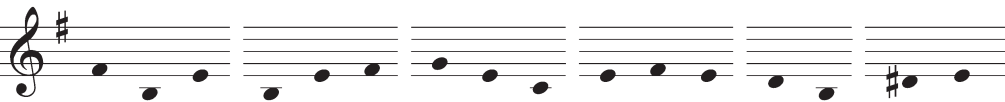
37 
DUDA DI DUDA DUDA DUDADI DU DA DUDA DI DUDA DI DU DA DUDA DI DUDA DI DU DA DU DI

38 *mp* 
DU DA DU TA DA TA DI TA DU TA DE TA DI TA TA DA
f 
DU DA DU TA DA TA DI TA DU TA DE TA DI TA TA DA





39 
M F M R D T Si L

40 
L D M M T Si L M D R F L Si M T L D L

41 
T M L M L T D L F L T L S M Si L


e: Bum Bum Bum Au - di - ate
Rea - dy sing

42 *mp* 
T M L M L T D L F L T L S M Si L
f 
T M L M L T D L F L T L S M Si L

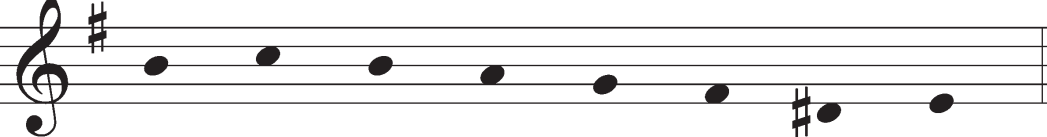
Literature Learning Schema - Phrase 5


43 
DU DA DI DU DU DA DI DU

44 
DUDADI DUDA DUDA DUDADI DU DA DUDA DI DUDA DI DU DA DUDA DI DUDA DI DU DA DU DI

45 
DU TA DA TA DU TA DA DU TA DI TA DU DA DU TA DA DE TA
DU TA DA TA DU TA DA DI DU



46 
M F M R D T Si L

47 
L D M M T Si L M D R F L Si M T L D L

48 
Si L T L T D T D R S M R D L T D T D R D T D T L Si L


e: Bum Bum Bum Au - di - ate Rea - dy sing

49 
mf Si L T T L T D T D R S M R D L T D T D
R D T T D T L Si L